

#### THE FIVE FIRST SATURDAYS

"Look at my Heart, surrounded with thorns with which ungrateful men pierce me at every moment by their blasphemies and ingratitude. You at least, try to console me and announce that I promise to assist at the hour of death, with all the graces necessary for salvation, all those who, on the first Saturday of five consecutive months, shall: go to confession, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."

-Words of Our Lady of Fatima

#### **OPENING PRAYERS**

In the name of the Father, and of the Son, and of the Holy Spirit. *Amen.* 

#### **OPENING PRAYER:**

O dearest Mother, please accept this Holy Rosary for the five sins committed against your Immaculate Heart. We promise to live the entire day offering prayers and sacrifices to console your Heart and to imitate your holy purity in our daily lives. Keep us always bathed in the light of your Immaculate Heart and make us pleasing to the Triune God. Amen.

I believe in God, the Father Almighty,
Creator of heaven and earth; and in Jesus
Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified; died
and was buried. He descended into hell; the third day
He arose again from the dead; He ascended into heaven, and
sits at the right hand of God the Father Almighty; from thence He shall come to judge
the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the
communion of Saints, the forgiveness of sins, the resurrection of the body, and life
everlasting. Amen.

For the conversion of sinners. Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

**For the virtue of faith.** Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.* 

**For the virtue of hope.** Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.* 

**For the virtue of love.** Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.* 

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.



### THE FIRST JOYFUL MYSTERY THE ANNUNCIATION

O Immaculate Heart of Mary, God prepared you to become the Mother of His Divine Son by making you full of grace, immaculate from the first moment of your conception.

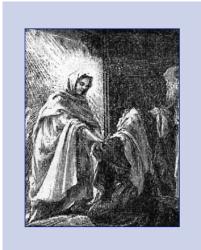
God sent His messenger from heaven to ask you to consent to be the Mother of our Savior. You humbly called yourself *the hand-maiden of the Lord*, and the plan of redemption began.

Teach us dear Mother, to imitate your humility, which pleased God so much. Make us love silence in our daily lives so we too can hear God speaking to us in our hearts.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



## THE SECOND JOYFUL MYSTERY THE VISITATION

O Immaculate Heart of Mary, in charity you traveled to assist your cousin Elizabeth, who was six months with child. You were the first one to bring the Good News of Jesus to others.

When Elizabeth heard your sweet voice, she was filled with the Holy Spirit, her baby was sanctified in her womb, and she called you the most blessed among women.

Teach us dear Mother, to be charitable to all we meet in our daily lives; to be patient and kind to everyone without distinction. Make us love to serve others while we deny ourselves for the sake of imitating you and Jesus.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.





# THE THIRD JOYFUL MYSTERY THE BIRTH OF JESUS

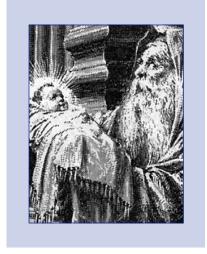
O Immaculate Heart of Mary, in complete detachment you traveled to Bethlehem to fulfill the prophecy that the messiah would be born in King David's city. The trip was filled with much inconveniences, especially when St. Joseph, your holy and chaste husband, told you there was no room in the inn. In poor surroundings you bore your only Son with joy and peace and became the Mother of God.

Teach us, dear Mother, to be detached from the things of the world and from all things that can hinder our union with Jesus. Let us love poverty, privations and inconveniences just as you did. Make us treasure the spiritual meaning of Jesus' birth and life in our hearts, as you did with each passing moment of your holy life.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



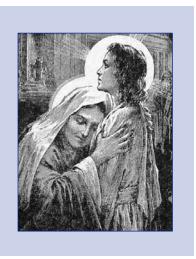
# THE FOURTH JOYFUL MYSTERY THE PRESENTATION OF JESUS IN THE TEMPLE

O Immaculate Heart of Mary, forty days after the birth of Jesus, in obedience to the law of Moses, you went to the Temple with St. Joseph to present Jesus to God and to submit yourself to the law of Purification. This law didn't apply to you or Jesus, but you submitted yourself to it to show us how obedient you want us to be.

Teach us, dear Mother, true purity of heart so we can love God more and prove our love for Him by being obedient to the Magisterium of the Church. Make us faithfully obey our Holy Father, the Pope, and all bishops and clergy in union with him.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.





### THE FIFTH JOYFUL MYSTERY THE FINDING OF JESUS IN THE TEMPLE

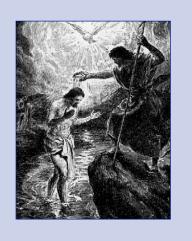
O Immaculate Heart of Mary, after three long days, you and St. Joseph found Jesus in the Temple in the midst of the teachers of the Jewish Law. Out of obedience, Jesus returned to Nazareth with you and St. Joseph and grew in strength and grace before God and man.

Teach us, dear Mother, to be obedient to your message of Fatima, where you call us to a more perfect union with your Divine Son through devotion to your Immaculate Heart.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



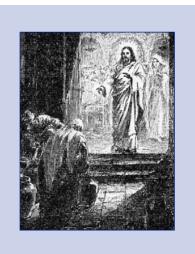
# THE FIRST LUMINOUS MYSTERY THE BAPTISM OF JESUS

O Immaculate Heart of Mary, when Jesus was baptized in the Jordan by Saint John the Baptist, the voice of our heavenly Father said: *You are My beloved Son. On You My favor rests.* Then the Holy Spirit descended on Jesus in the form of a dove.

Teach us, dear Mother, to be open to the Holy Spirit Who speaks to us in the silence of our hearts, so we can be filled with light and grace and do the Father's will in all things. Make us faithful to our baptismal promises to love God and to serve Him in others.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.





### THE SECOND LUMINOUS MYSTERY THE WEDDING AT CANA

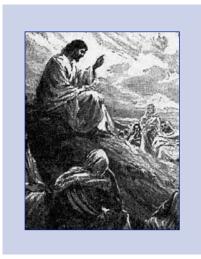
O Immaculate Heart of Mary, at the wedding feast at Cana you noticed the wedding party needed help and you asked your beloved Son for His grace. You told the attendants at the banquet, Do whatever He tells you, which shows us how powerful your intercession is with your Divine Son. Jesus performed the first of His miracles and changed common water into choice wine astonishing those who witnessed the event which enabled His disciples to believe in Him.

Teach us, dear Mother, to become great disciples and believers in your Son. Make us always pray for assistance from Jesus and you in all our needs and concerns, trusting that our prayers will be answered in accord with the will of God.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



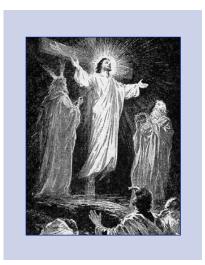
## THE THIRD LUMINOUS MYSTERY ANNOUNCEMENT OF THE KINGDOM OF GOD

O Immaculate Heart of Mary, with humility and authority, Jesus proclaimed the Kingdom of God to the entire world by calling us to reform our lives and to believe in His words.

Teach us, dear Mother, to daily reform our lives so as to become closer to Jesus. Make us turn away from sin by having a great devotion to the Sacrament of Reconciliation, where the Mercy of God is waiting to fill us with light, peace and grace. Make us proclaim the Kingdom of God by always praying your Holy Rosary and by actively spreading this prayer throughout the world!

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.





# THE FOURTH LUMINOUS MYSTERY THE TRANSFIGURATION

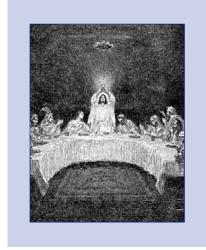
O Immaculate Heart of Mary, on Mount Tabor, Jesus, together with Moses and Elijah, appeared transfigured to Peter, John and James. The three disciples were lost in the contemplation of Jesus radiant in glory. From a cloud, the heavenly Father said: *This is My beloved Son...listen to Him.* 

Teach us, dear Mother, to listen to the Divine Word of Jesus in His Gospels which teaches us how to live a holy life on earth so we can live in heaven with you and your Divine Son forever. Make us daily fix our gaze on the radiant Holy Face of Jesus, shining in all His glory on Mount Tabor, Who is the way, the truth and the life!

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



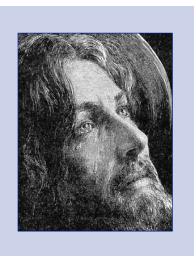
### THE FIFTH LUMINOUS MYSTERY THE INSTITUTION OF THE HOLY EUCHARIST

O Immaculate Heart of Mary, at the Last Supper, Jesus gave Himself to us in the Holy Eucharist and promised to be with us always in this great sacrament of His love.

Teach us, dear Mother, to have a deep love for Jesus in the Holy Eucharist, to receive Him worthily in the state of grace, to show proper reverence to Him in the Blessed Sacrament while realizing the importance of how much Jesus loves us and how much we should strive to love Him every day of our lives especially as our Eucharistic King! Make us desire to receive Jesus in Holy Communion as often as we can so as to be closely united with Him in life, and at the hour of our death.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.





### THE FIRST SORROWFUL MYSTERY THE AGONY IN THE GARDEN

O Sorrowful and Immaculate Heart of Mary, your Divine Son, in the Garden of Olives, began to suffer His sorrowful passion. Jesus suffered so much that He prayed to the Father, If it be possible, take these sufferings from Me. But let it be as You, not I, would have it. His sufferings forced blood to issue forth from His pores.

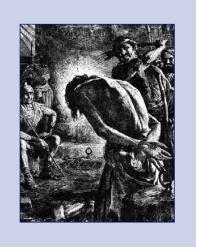
Even though Jesus' sufferings were painful, He accepted the will of God and embraced His passion like a silent lamb for the redemption of the world.

Teach us, dear Mother, to accept the will of God in our own lives and to be obedient even unto death. Make us deny ourselves in small things and lead us to the royal road of Calvary.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



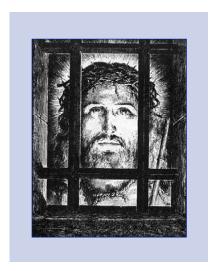
# THE SECOND SORROWFUL MYSTERY THE SCOURGING AT THE PILLAR

O Sorrowful and Immaculate Heart of Mary, your Heart was nearly broken when you heard Pontius Pilate give the order to have Jesus scourged at the pillar. Your eyes saw Jesus humiliated when the soldiers stripped off His clothes and scourged Him till His body dripped with blood.

Teach us, dear Mother, to mortify our senses and to lead pure and chaste lives for the glory of your Son. Make us understand all that Jesus suffered for love of us and help us to love Him with undivided hearts.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.





### THE THIRD SORROWFUL MYSTERY THE CROWNING WITH THORNS

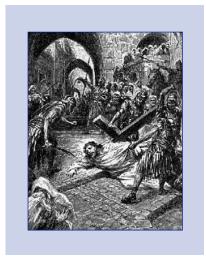
O Sorrowful and Immaculate Heart of Mary, after scourging Jesus the soldiers wanted to humiliate Him even more by mocking Him as a king. O Mother, you saw Jesus being crowned with sharp thorns as blood streamed down His sorrowful face. The soldiers genuflected before Jesus and spit into His blood-covered face. Jesus stood in silence offering this bitter mystery to the Father for the redemption of mankind.

Teach us, dear Mother, to accept all humiliations as Jesus did, and let us grow in the holy virtue of humility. Make us recognize we are but sinful children and that anything good in us belongs to God, the Author of life.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



# THE FOURTH SORROWFUL MYSTERY JESUS CARRIES HIS CROSS TO CALVARY

O Sorrowful and Immaculate Heart of Mary, a sword of sorrow pierced your Heart as you saw your Son weighed down with the wood of the Cross and suffering terribly with each painful step. Oppressed and condemned, Jesus was led to Calvary while the crowds laughed and mocked Him as a foolish and crazy man.

Teach us, dear Mother, to be more patient in our daily life in imitating the suffering Christ more faithfully. Make us carry our daily crosses with patience and love and bring us into the intimacy of your Sorrowful and Immaculate Heart.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.





# THE FIFTH SORROWFUL MYSTERY THE CRUCIFIXION

O Sorrowful and Immaculate Heart of Mary, your Heart was pierced with the most painful sword of sorrow as you saw Jesus brutally nailed to the Cross where His body became one continuous stream of blood. From the Cross, Jesus gave you to us to be our spiritual Mother and you are always close to the children who call out your holy name in joy and in sorrow.

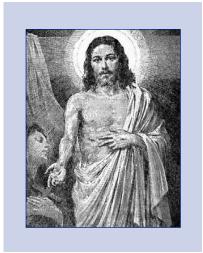
After three long hours of pain, you watched Jesus die a death of redemptive love for the salvation of the world.

Teach us, dear Mother, to love one another as Jesus loves us, so that our love will be proof to the world that God is Infinite Love. Make us forgive our brothers from the heart so peace may reign in us and in the world.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



## THE FIRST GLORIOUS MYSTERY THE RESURRECTION OF JESUS

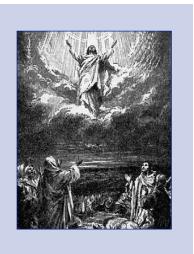
O Immaculate Heart of Mary, three days after His death, Jesus rose from the dead all radiant with power and glory. You did not go to the tomb on Easter morning with the other women but waited faithfully for Jesus to rise as He said He would.

What joy filled your Immaculate Heart when Jesus appeared to you in the silence of your home!

Teach us, dear Mother, to imitate your lively faith in the Risen Lord. Make us deepen our faith in your Son by living an authentic Christian life.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.





# THE SECOND GLORIOUS MYSTERY THE ASCENSION OF JESUS INTO HEAVEN

O Immaculate Heart of Mary, forty days after His glorious resurrection, Jesus ascended into heaven in the presence of you and His apostles. You then returned to Jerusalem and began to pray for the Christian Church, offering your prayers and sacrifices for its spiritual growth.

In your Immaculate Heart, you treasured all the memories of your Son and hoped for the day when you would be united with Him forever.

Teach us, dear Mother, to imitate your hope as we follow your Son in this valley of tears. Make us long for the joys of heaven.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



# THE THIRD GLORIOUS MYSTERY THE DESCENT OF THE HOLY SPIRIT

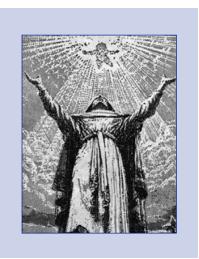
O Immaculate Heart of Mary, ten days after the ascension of Jesus you were gathered in the upper room with the apostles when the Holy Spirit descended in the form of parted tongues, filling the hearts of the faithful with the truths of the Christian faith.

You prayed unceasingly for the apostles as they preached the Good News of Jesus to men in all lands.

Teach us, dear Mother, to imitate the charity of the Holy Spirit, who unites and sanctifies all men who remain open to His inspiration. Make us love one another with ardent charity, so that unity and peace will change our troubled world.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.





### THE FOURTH GLORIOUS MYSTERY THE ASSUMPTION OF MARY INTO HEAVEN

O Immaculate Heart of Mary, when your life on earth was completed, Jesus took you, body and soul, into the eternal kingdom of heaven.

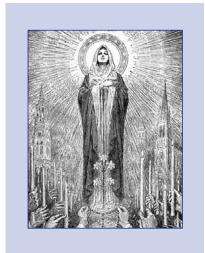
What joy filled your Immaculate Heart when you were re-united with your Divine Son who told us that, only the pure of heart shall be close to God.

Teach us, dear Mother, to imitate your purity of heart and to renounce everything that can spoil our baptismal robe. Make us pure and humble of heart so that we too can enjoy the eternal happiness of heaven forever!

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.



PRAY 1 OUR FATHER, 10 HAIL MARYS, I GLORY BE, AND THE FATIMA DECADE PRAYER: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of Thy mercy.



# THE FIFTH GLORIOUS MYSTERY THE CORONATION OF MARY

O Immaculate Heart of Mary, in the eternal splendor of heaven Jesus crowned you with living light and gave you to us as our heavenly Queen and intercessor.

You are our Queen and Mother forever, and your Immaculate Heart is our refuge that leads us to God.

Teach us, dear Mother, to have a burning love for your Immaculate Heart. Make us your slaves of love and let us imitate your holy virtues every day of our lives.

O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.



#### **CONCLUDING PRAYERS**

**HAIL HOLY QUEEN**, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary!

Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

#### LET US PRAY,

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary, of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

#### THE GOLDEN PRAYER-

AN ACT OF CONSECRATION TO THE IMMACULATE HEART OF MARY

O IMMACULATE HEART OF MARY, refuge of sinners, I beg of you by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray again. Mother, keep me, a sinner, constantly bathed in the light of your Immaculate Heart.

O IMMACULATE HEART OF MARY, in union with all my brothers and sisters throughout the world, I freely consecrate myself to your Heart, Immaculate and pure. Please accept this personal consecration as an act of reparation and for the conversion of sinners.

O IMMACULATE HEART OF MARY, I love you! And I wait patiently for the day that your Immaculate Heart will triumph.

I HUMBLY LAY MY SOUL IN THE LIGHT OF YOUR PURITY! Immaculate Heart of Mary, be my refuge, and the way to the eternal light of Jesus, our God. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### The Golden Prayer

The **Three Lilies** in each corner signify purity. The largest lily represents the purity of the Virgin Mary. The two smaller lilies signify her children devoted to her Immaculate Heart.

The **Streaming Rays of Light** signify the triumph of the Virgin Mary's Immaculate Heart in the world and at the hour of a consecrated soul's death.

The **Golden Initial** of the prayer, signifies that when a soul practices its personal consecration, the prayer becomes as precious as gold in the eyes of the Virgin Mary.

The **Golden Border** surrounding the image and prayer signifies the protection the Virgin Mary grants to her children devoted to her Immaculate Heart. The **Gold Line** surrounds spiritually all consecrated souls, making it impossible for the desires of worldly things and the forces of evil to lead them astray.

#### For Those Who Recite This Prayer Daily

The entire image and prayer reflect the Virgin Mary's purity, a virtue she wants all her children to practice. Since our Mother is the Queen of Purity, every offense committed against this virtue hurts her Heart in a cruel and painful way. Souls devoted to her Immaculate Heart should openly state that **only the pure** of heart shall be close to God.

Consecrated souls, in union with all their brothers and sisters throughout the world, will endeavor to see Jesus present in everyone they meet. Their daily life will thus become a continuous act of love for God and neighbor.

All consecrated souls must practice the following virtues so dear to our Mother's Immaculate Heart; PURITY – CHASTITY – HUMILITY – PATIENCE – CHARITY – OBEDIENCE (With Ecclesiastical Approval)

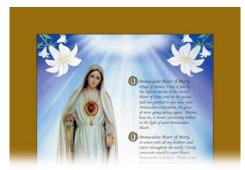
**2002 EDITION** released during the Year of the Holy Rosary. Also available as audio tracks at thegoldenprayer.org. Written and narrated by Sam Michael Nardone.

**STATUES** of the Sacred Heart of Jesus and the Immaculate Heart of Mary, sculpted by Jose Thedim. Used by kind permission of the Carmel at Coimbra, Portugal.

#### PICTURES USED FOR THE MYSTERIES OF THE MOST HOLY ROSARY

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