

FIRST SATURDAY ROSARY

WRITTEN AND NARRATED BY
SAM MICHAEL NARDONE

"the man you pray the Rosary with on CD and video"

PRAYER
GROUP
EDITION

FIRST SATURDAY ROSARY

This booklet
is also available
as a CD and DVD by
Sam Michael Nardone:

"Consecrate
yourself daily
to the
Immaculate
Heart of Mary
for protection
and inner
peace."

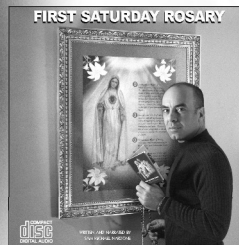
— Sam Michael
Nardone

VIDEOS AVAILABLE ON

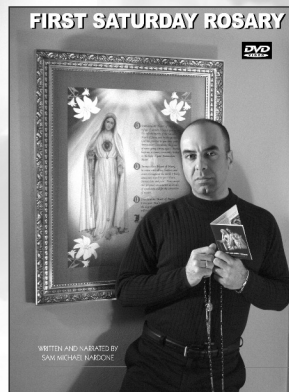


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Audio CD Recording



DVD Video



*"Jesus wants to establish in the world devotion to my
Immaculate Heart. I promise salvation to those who
embrace it, and these souls will be loved by God like
flowers placed by me to adorn His throne."*

— WORDS OF OUR LADY, JUNE 13, 1917.

First Saturday Rosary:

Imprimatur:

Most Reverend James C. Timlin, D.D.

Bishop of Scranton

Scranton, Pennsylvania, July 20, 1989

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How To Live Fatima:

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The Golden Prayer
BADGE

WITH ECCLESIASTICAL APPROVAL. 2025. FREE – NOT TO BE SOLD.

“First Saturday Rosary” written in 1988. Enlarged in 2002 – Luminous Mysteries.

“How To Live Fatima” written in 1985.

All statues sculpted by José Ferreira Thedim (1892-1971).

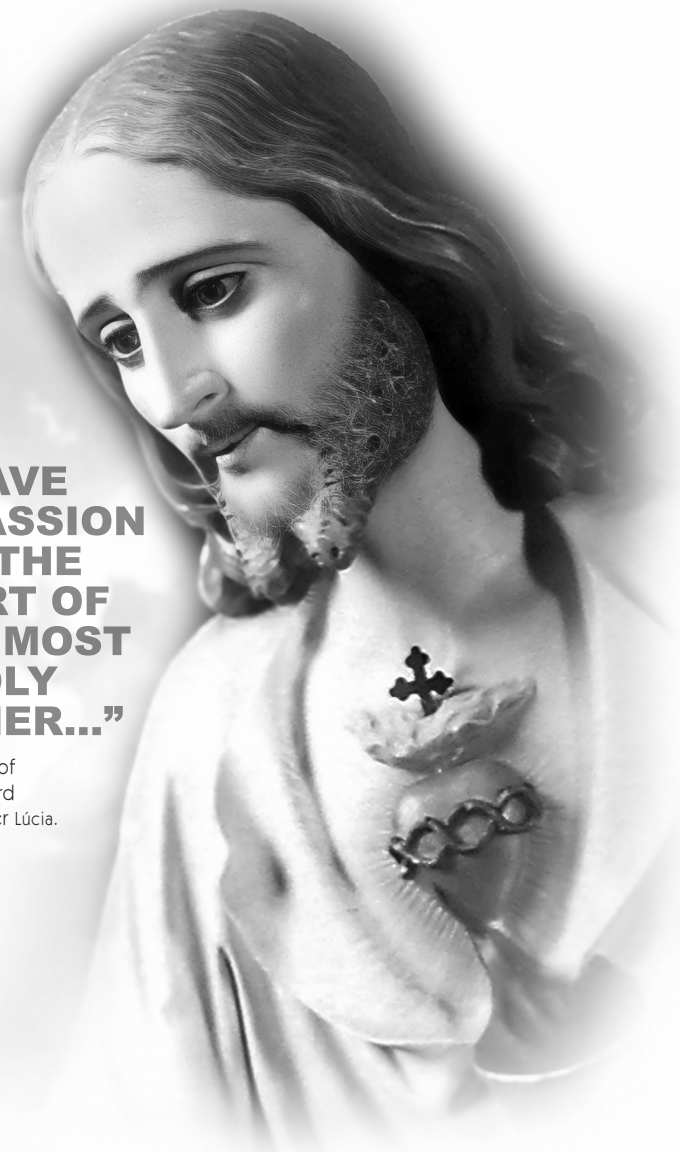
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**“HAVE
COMPASSION
ON THE
HEART OF
YOUR MOST
HOLY
MOTHER...”**

– Words of
Our Lord
to Sister Lúcia.



SAINT JOSEPH AT FATIMA

One month before her final appearance, Our Lady told the three children **“In October Saint Joseph will appear with the Child Jesus to bless the world”**

– WORDS OF OUR LADY,
SEPTEMBER 13, 1917.

And so, on October 13, 1917, during the miracle of the Sun, Saint Joseph appeared holding the Child Jesus with Our Lady by their side. The Holy Family stood near the sun, while Saint Joseph, together with the Child Jesus, gave their blessing to our troubled world.

This vision of Saint Joseph with the Holy Family reminds us we should pattern our home life after the Holy House of Nazareth. We should be living a life like Saint Joseph who perfected his daily duties by working for Jesus and Mary. We should be living a life of prayer like Our Lady who treasured the mysteries of Jesus’ life in her Immaculate Heart and we should be living a life of obedience like Jesus who came into the world not to do His own will but the will of His heavenly Father.

At Fatima Saint Joseph appeared as the head of the Holy Family to encourage us to imitate the desires of his own heart, that is, to live a life of deep intimacy with Jesus and Mary.

So let our prayer be –

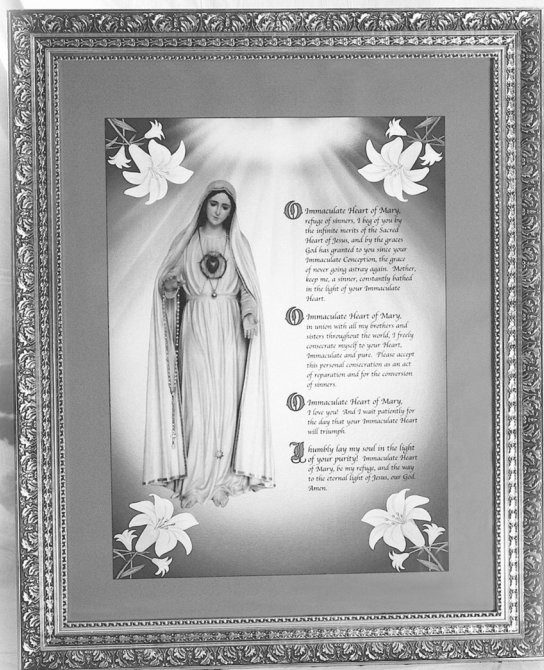
O Good Saint Joseph, who at Fatima came to bless the world, bless our families and teach us the holy virtues that have so exalted your name forever. O Good Saint Joseph, teach us to live the Message of Fatima. Amen.



**“TRY TO
CONSOLE
ME...”**

– Words of Our
Lady of Fatima
to Sister Lúcia.





LEADER: In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Opening prayers –

ALL: O dearest Mother, please accept this Holy Rosary for the five sins committed against your Immaculate Heart. We promise to live the entire day offering prayers and sacrifices to console your Heart and to imitate your holy purity in our daily lives. Keep us always bathed in the light of your Immaculate Heart and make us pleasing to the Triune God. Amen.

LEADER:

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead.

With confidence and love we place all our petitions before your Immaculate Heart, begging for your maternal help and intercession, especially for the intentions of this novena.

(Here, mention requests.)

Our Lady of Mount Carmel, pray for us.

Glory be to be the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be world without end. Amen

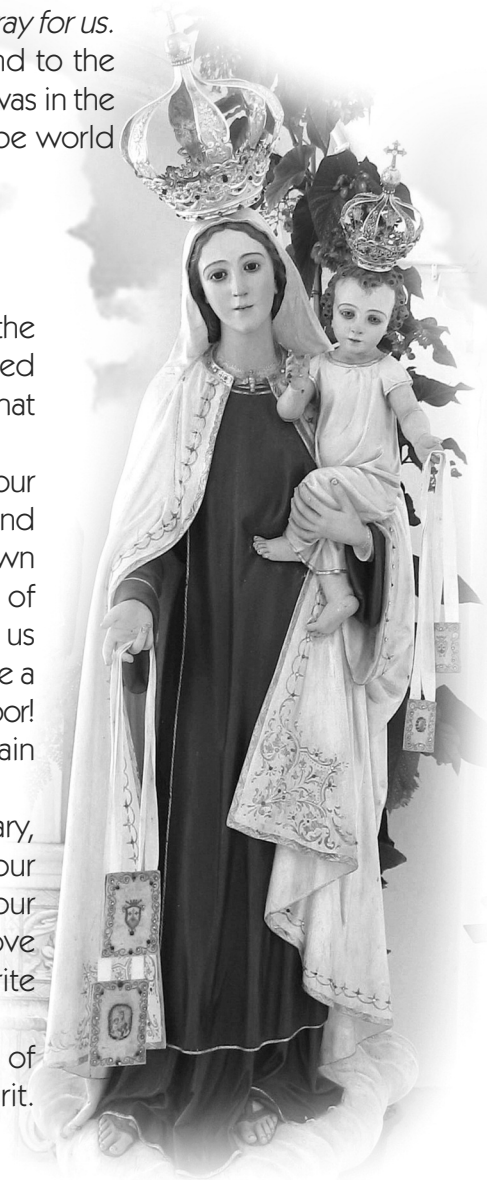
CONSECRATION TO OUR LADY OF MOUNT CARMEL AT FATIMA

O Virgin of Carmel, you are the spotless lily of the Holy Trinity, filled with grace and holy virtues that perfume the Kingdom of heaven!

We consecrate ourselves to your most pure and Immaculate Heart and will always wear your Brown Scapular as a reminder and sign of this personal consecration. Help us to be pure like you! Help us to live a deep life of love for God and neighbor! Help us never to offend Jesus again in thought, word and deed.

O dearest Mother Mary, strengthen our union with your Immaculate Heart every day of our lives, so that with you we can love Jesus with humble and contrite hearts. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



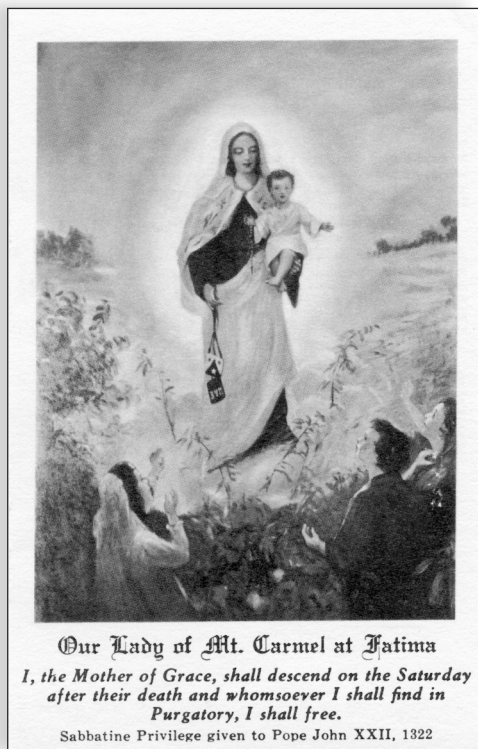
NOVENA TO OUR LADY OF MOUNT CARMEL AT FATIMA

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

OPENING PRAYER

O Queen and Mother of Mount Carmel, you gloriously appeared at Fatima and held out to the world your powerful Brown Scapular, urging us to wear it as a sign of devotion to your Immaculate Heart and to protect us from the snares of the devil. Grant us the grace to love you more and to imitate the virtues so dear to your Immaculate Heart: *purity, chastity, humility, patience, charity and obedience.*

Our Lady of Mount Carmel, pray for us.



Shown above:

Vintage holy card showing Our Lady of Mount Carmel at Fatima during the Miracle of the Sun, printed by the Carmelite Third Order Secular, Chicago, Ill.

Glory be to be the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be world without end. Amen.

NOVENA PRAYER

O Queen and Mother of Mount Carmel, you promised us that ***“whosoever dies wearing this Scapular shall not suffer eternal fire.”***

May your Scapular, which we faithfully wear, protect us from falling into sin, which offends the Sacred Heart of your Divine Son. Shield us from any person, place or thing that can hinder our union with you and Jesus.

“The Scapular and the Rosary are inseparable, you cannot have one without having the other.”
 – Venerable Lúcia of Fatima

ALL: I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

LEADER: *For the conversion of sinners.* Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

ALL: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

LEADER: *For the virtue of faith.* Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

ALL: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

LEADER: *For the virtue of hope.* Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

ALL: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

LEADER: *For the virtue of love.* Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

ALL: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

LEADER: Glory be to the Father, and to the Son, and to the Holy Spirit.

ALL: As it was in the beginning, is now and ever shall be, world without end. Amen.





LEADER: THE FIRST JOYFUL MYSTERY THE ANNUNCIATION

O Immaculate Heart of Mary, God prepared you to become the Mother of His Divine Son by making you full of grace, immaculate from the first moment of your conception. God sent His messenger from heaven to ask you to consent to be the Mother of our Savior. You humbly called yourself the handmaiden of the Lord, and the plan of redemption began.

Teach us, dear Mother, to imitate your humility, which pleased God so much. Make us love silence in our daily lives so we too can hear God speaking to us in our hearts.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.



LEADER: THE SECOND JOYFUL MYSTERY THE VISITATION

O Immaculate Heart of Mary, in charity you traveled to assist your cousin Elizabeth, who was six months with child. You were the first one to bring the Good News of Jesus to others. When Elizabeth heard your sweet voice, she was filled with the Holy Spirit, her baby was sanctified in her womb, and she called you the most blessed among women.

Teach us, dear Mother, to be charitable to all we meet in our daily lives; to be patient and kind to everyone without distinction. Make us love to serve others while we deny ourselves for the sake of imitating you and Jesus.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.

These are the five blasphemies that pierce the Immaculate Heart of Mary:

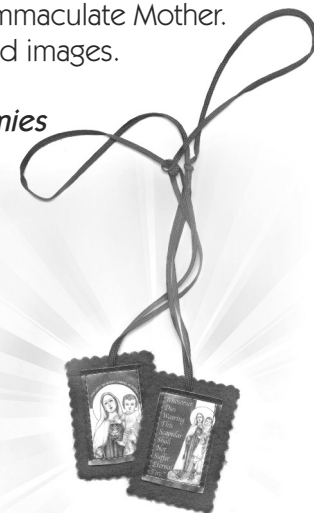
- Against her Immaculate Conception.
- Against her Perpetual Virginity.
- Against her Divine Maternity, refusing also to accept her as the Mother of all mankind.
- Those who try publicly to implant in children's hearts indifference, contempt and even hatred against our Immaculate Mother.
- Those who insult her directly in her sacred images.

Let us always remember these blasphemies and do everything we can to make reparation for them.

THE SIXTH FATIMA REQUEST: WEAR THE BROWN SCAPULAR

"In October, Our Lord will come, as well as Our Lady of Mount Carmel."

— WORDS OF OUR LADY, SEPTEMBER 13, 1917.



During the magnificent miracle of the sun, Our Lady appeared for the last time, holding the Child Jesus in her arms as Our Lady of Mount Carmel. In her right hand she held out the Brown Scapular to the world, asking her children to wear it as a sign of consecration to her Immaculate Heart.

As we can see, the whole message of Fatima is filled with devotion to the Immaculate Heart of Mary; so it was quite natural for Our Lady to give us a sign of her Immaculate Heart.

The Brown Scapular, then, is our personal contract with Our Lady signifying that we belong to her Immaculate Heart. This makes the Scapular our shield against the temptations of the devil and of all worldly things. It is the holy garment of Our Lady, who watches and protects all who wear it **devoutly**.

However, the Scapular must not be an empty external habit. We must wear the Scapular with the intention of reforming our lives by an interior conversion of the heart, giving special attention to the virtue of chastity in our state of life.

God has given us, in our times, a tremendous sign to follow in order to arrive safely to heaven – the Immaculate Heart of Mary. In order to comply with God's wish, we should consecrate ourselves to the Immaculate Heart of Mary daily by devoutly praying **"The Golden Prayer"** which can be found on the cover and on pages 18-19. This prayer is a beautiful pictorial presentation of what consecration to the Immaculate Heart of Mary should be: pure, filial, trusting, hopeful, imploring, reparatory and peaceful.

We should always remember, there is no sin too great for God's mercy to forgive through the intercession of the Immaculate Heart of Mary.

THE FIFTH FATIMA REQUEST: MAKE THE FIVE FIRST SATURDAYS

"Look at my Heart, surrounded with thorns with which ungrateful men pierce me at every moment by their blasphemies and ingratitude. You at least try to console me and announce that I promise to assist at the hour of death, with all the graces necessary for salvation, all those who, on the first Saturday of five consecutive months, shall go to confession, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."

– WORDS OF OUR LADY, PONTEVEDRA, SPAIN, DECEMBER 10, 1925.

Our Lady is asking us to live in a spirit of reparation to atone for the sins committed against her Immaculate Heart, setting aside, for this purpose, the first Saturday of the month. When we look at the Immaculate Heart of Mary surrounded with piercing thorns, the sins of mankind, how can we not want to remove them with special acts of love?

God wants us so much to make acts of reparation to the Immaculate Heart of Mary that to those who embrace this way of life, He makes two promises: peace in the world and the salvation of souls.

We should, then, become like a raging fire burning with zeal to make this devotion a moving spiritual force in our lives and to spread this devotion everywhere in order to reach as many souls as possible.



LEADER: THE THIRD JOYFUL MYSTERY THE BIRTH OF JESUS

O Immaculate Heart of Mary, in complete detachment you traveled to Bethlehem to fulfill the prophecy that the messiah would be born in King David's city. The trip was filled with much inconveniences, especially when St. Joseph, your holy and chaste husband, told you there was no room in the inn. In poor surroundings you bore your only Son with joy and peace and became the Mother of God.

Teach us, dear Mother, to be detached from the things of the world and from all things that can hinder our union with Jesus. Let us love poverty, privations and inconveniences just as you did. Make us treasure the spiritual meaning of Jesus' birth and life in our hearts, as you did with each passing moment of your holy life.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.



LEADER: THE FOURTH JOYFUL MYSTERY THE PRESENTATION OF JESUS IN THE TEMPLE

O Immaculate Heart of Mary, forty days after the birth of Jesus, in obedience to the law of Moses, you went to the Temple with St. Joseph to present Jesus to God and to submit yourself to the law of Purification. This law didn't apply to you or Jesus, but you submitted yourself to it to show us how obedient you want us to be.

Teach us, dear Mother, true purity of heart so we can love God more and prove our love for Him by being obedient to the Magisterium of the Church. Make us faithfully obey our Holy Father, the Pope, and all bishops and clergy in union with him.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.



**LEADER: THE FIFTH JOYFUL MYSTERY
THE FINDING OF JESUS IN THE TEMPLE**

O Immaculate Heart of Mary, after three long days, you and St. Joseph found Jesus in the Temple in the midst of the teachers of the Jewish Law. Out of obedience, Jesus returned to Nazareth with you and St. Joseph and grew in strength and grace before God and man.

Teach us, dear Mother, to be obedient to your message of Fatima, where you call us to a more perfect union with your Divine Son through devotion to your Immaculate Heart.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.



**LEADER: THE FIRST LUMINOUS MYSTERY
THE BAPTISM OF JESUS**

O Immaculate Heart of Mary, when Jesus was baptized in the Jordan by Saint John the Baptist, the voice of our heavenly Father said: You are My beloved Son. On You My favor rests. Then the Holy Spirit descended on Jesus in the form of a dove.

Teach us, dear Mother, to be open to the Holy Spirit Who speaks to us in the silence of our hearts, so we can be filled with light and grace and do the Father's will in all things. Make us faithful to our baptismal promises to love God and to serve Him in others.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.

**THE FOURTH FATIMA REQUEST:
DEVOTION TO THE IMMACULATE HEART OF MARY**

"Our Lady showed us (Lúcia wrote later) a great sea of fire which seemed to be under the earth. Plunged in this fire were demons and souls in human form, like transparent burning embers, all blackened or burnished bronze, floating about in the conflagration, now raised into the air by the flames that issued from within themselves, together with great clouds of smoke, now falling back on every side like sparks in a huge fire, without weight or equilibrium, and amid shrieks and groans of pain and despair, which horrified us and made us tremble with fear. The demons could be distinguished by their terrifying and repellent likeness to frightful and unknown animals, all black and transparent..."

We then looked up to Our Lady, who said to us so kindly and so sadly: **You have seen hell where the souls of poor sinners go. To save them, God wishes to establish in the world devotion to my Immaculate Heart. If what I say to you is done, many souls will be saved and there will be peace."**

— WORDS OF OUR LADY, JULY 13, 1917.

Our Lady showed hell to the shepherd children, not to frighten them, but to stimulate in them devotion to her Immaculate Heart.

This devotion, when lived authentically, will convert sinners who otherwise would be damned, and will create peace in the world.



THE THIRD FATIMA REQUEST:

OFFER SACRIFICES AND SUFFERINGS TO JESUS

“Sacrifice yourselves for sinners, and say many times, especially whenever you make some sacrifice: O Jesus, it is for Your love, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.”

— WORDS OF OUR LADY, JULY 13, 1917.

There are two kinds of sacrifices God asks of us:

- **Voluntary sacrifice** such as moderating our eating habits, restricting our use of entertainment, etc.
- **Fulfilling one's religious and daily duties faithfully.** This means observing the Commandments of God and the Church, which enable us to fulfill our religious duties. Fulfilling our daily duties perfectly gives us another opportunity to offer acceptable sacrifices to God; such as, getting up on time, performing our daily work and chores as perfectly as possible, and making sure we go about our work as cheerfully as we can for the glory of God.

With this in mind, sacrifice becomes a way of life which proves to Jesus we love Him, saves souls from damnation, and makes reparation for the sins committed against the Immaculate Heart of Mary.

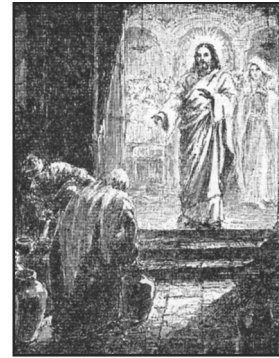
“Are you willing to offer yourselves to God and bear all the sufferings He wills to send you, as an act of reparation and in supplication for the conversion of sinners? You are going to have much to suffer, but the grace of God will be your comfort.”

— WORDS OF OUR LADY, MAY 13, 1917.

God wants us to trust in Him completely by accepting all sufferings from Him as an act of filial love. When daily sufferings are accepted in this way, they bring a deep sense of peace to our souls, since faith teaches us that everything God sends to us is good for our salvation.

Furthermore, Our Lady promises us that if we accept sufferings, humiliations, unjust accusations as she did while living in our world, the grace of God will comfort us.

When seen in its true light, suffering becomes a source of blessing for us. We also make reparation for the sins committed against God, and we save sinners from eternal damnation.

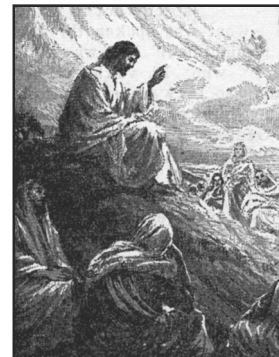


LEADER: THE SECOND LUMINOUS MYSTERY THE WEDDING AT CANA

O Immaculate Heart of Mary, at the wedding feast at Cana you noticed the wedding party needed help and you asked your beloved Son for His grace. You told the attendants at the banquet, *Do whatever He tells you*, which shows us how powerful your intercession is with your Divine Son. Jesus performed the first of His miracles and changed common water into choice wine astonishing those who witnessed the event which enabled His disciples to believe in Him.

Teach us, dear Mother, to become great disciples and believers in your Son. Make us always pray for assistance from Jesus and you in all our needs and concerns, trusting that our prayers will be answered in accord with the will of God.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.

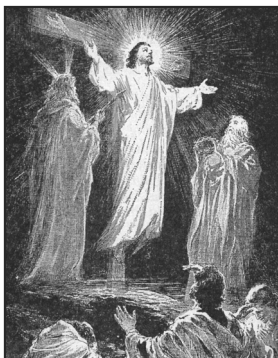


LEADER: THE THIRD LUMINOUS MYSTERY ANNOUNCEMENT OF THE KINGDOM OF GOD

O Immaculate Heart of Mary, with humility and authority, Jesus proclaimed the Kingdom of God to the entire world by calling us to reform our lives and to believe in His words.

Teach us, dear Mother, to daily reform our lives so as to become closer to Jesus. Make us turn away from sin by having a great devotion to the Sacrament of Reconciliation, where the Mercy of God is waiting to fill us with light, peace and grace. Make us proclaim the Kingdom of God by always praying your Holy Rosary and by actively spreading this prayer throughout the world!

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.

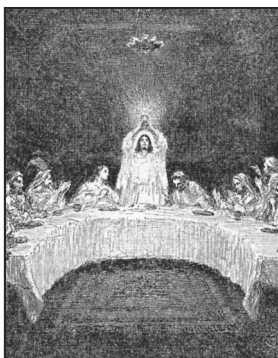


LEADER: THE FOURTH LUMINOUS MYSTERY **THE TRANSFIGURATION**

O Immaculate Heart of Mary, on Mount Tabor, Jesus, together with Moses and Elijah, appeared transfigured to Peter, John and James. The three disciples were lost in the contemplation of Jesus radiant in glory. From a cloud, the heavenly Father said: *This is My beloved Son...listen to Him.*

Teach us, dear Mother, to listen to the Divine Word of Jesus in His Gospels which teaches us how to live a holy life on earth so we can live in heaven with you and your Divine Son forever. Make us daily fix our gaze on the radiant Holy Face of Jesus, shining in all His glory on Mount Tabor, Who is the way, the truth and the life!

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.



LEADER: THE FIFTH LUMINOUS MYSTERY **THE INSTITUTION OF THE HOLY EUCHARIST**

O Immaculate Heart of Mary, at the Last Supper, Jesus gave Himself to us in the Holy Eucharist and promised to be with us always in this great sacrament of His love.

Teach us, dear Mother, to have a deep love for Jesus in the Holy Eucharist, to receive Him worthily in the state of grace, to show proper reverence to Him in the Blessed Sacrament

while realizing the importance of how much Jesus loves us and how much we should strive to love Him every day of our lives especially as our Eucharistic King! Make us desire to receive Jesus in Holy Communion as often as we can so as to be closely united with Him in life, and at the hour of our death.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.

THE SECOND FATIMA REQUEST: PRAY THE ROSARY EVERYDAY

"Pray the Rosary every day in honor of Our Lady of the Rosary, in order to obtain peace for the world, and the end of the war, because only she can help you."

– *WORDS OF OUR LADY, JULY 13, 1917.*

Prayer unites us to God and establishes a relationship between God and man. This creates a powerful, intimate union that makes man love and serve God.

The Holy Rosary is a dynamic and contemplative prayer that invites us in a prayerful way to meditate on the twenty mysteries of our redemption.

Because of our close contact with these sacred mysteries the Rosary creates a prayerful atmosphere in our daily lives that enables us to live a peaceful life with God and our neighbor. As a result, the Rosary can stop war, restore peace and change negative situations into positive channels where God's grace abounds.

Furthermore, devotion to the Rosary helps us to enter fully into a life of intimate communion with the Mother of God. Mary treasures the mysteries of Jesus' life and death in her Immaculate Heart and communicates the most intimate secrets that only a mother can know.

In this way, the Rosary increases our devotion to the Immaculate Heart of Mary and lets us enter into a prayerful communion with the Father, the Son, and the Holy Spirit.



Saints Francisco and Jacinta in 1917.

Living the Message of Fatima consists in fulfilling Our Lady's requests...

THE FIRST FATIMA REQUEST: STOP OFFENDING JESUS

"Do not offend the Lord our God anymore, because He is already so much offended... people must amend their lives and ask forgiveness for their sins."

—WORDS OF OUR LADY, OCTOBER 13, 1917.

When Our Lady said these words in 1917 she was very sad. Look at the world today filled with so much sins which offends the Sacred Heart of Jesus. *Mortal sin is the greatest evil someone can do, for it directly offends God and it affects our neighbor in a negative way. Mortal sin makes a man a slave of the devil.*

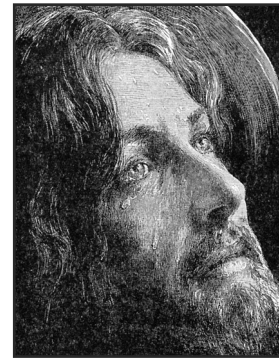
Therefore, Our Lady came to Fatima to lead us back to God and asked that we stop sinning so as to become true children of a much-offended God by living an authentic Christian life, a life of sacramental grace.

In order to do this we must amend our lives by turning away from sinful situations and places and by asking God's forgiveness for all our sins.

We do this by sacramental confession, where the soul is cleansed from sins, forgiveness is granted, and a sacramental life flows into the soul making it very pleasing and special to God. Reconciliation with God brings a peace and happiness that only He can grant.

Thus, we can clearly see that if we cease offending God by sin, we shall become peaceful; loving God and our neighbor in spirit and truth.

Our Lady in her Fatima message has given us the plan that will enable us to live a life of deep sacramental grace. All we have to do is say yes to her motherly invitation.



LEADER: THE FIRST SORROWFUL MYSTERY THE AGONY IN THE GARDEN

O Sorrowful and Immaculate Heart of Mary, your Divine Son, in the Garden of Olives, began to suffer His sorrowful passion. Jesus suffered so much that He prayed to the Father, *If it be possible, take these sufferings from Me. But let it be as You, not I, would have it.* His sufferings forced blood to issue forth from His pores. Even though Jesus' sufferings were painful, He accepted the will of God and embraced His passion like a silent lamb for the redemption of the world.

Teach us, dear Mother, to accept the will of God in our own lives and to be obedient even unto death. Make us deny ourselves in small things and lead us to the royal road of Calvary.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.



LEADER: THE SECOND SORROWFUL MYSTERY THE SCOURGING AT THE PILLAR

O Sorrowful and Immaculate Heart of Mary, your Heart was nearly broken when you heard Pontius Pilate give the order to have Jesus scourged at the pillar. Your eyes saw Jesus humiliated when the soldiers stripped off His clothes and scourged Him till His body dripped with blood.

Teach us, dear Mother, to mortify our senses and to lead pure and chaste lives for the glory of your Son. Make us understand all that Jesus suffered for love of us and help us to love Him with undivided hearts.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.



LEADER: THE THIRD SORROWFUL MYSTERY **THE CROWNING WITH THORNS**

O Sorrowful and Immaculate Heart of Mary, after scourging Jesus the soldiers wanted to humiliate Him even more by mocking Him as a king. O Mother, you saw Jesus being crowned with sharp thorns as blood streamed down His sorrowful face. The soldiers genuflected before Jesus and spit into His blood-covered face. Jesus stood in silence offering

this bitter mystery to the Father for the redemption of mankind.

Teach us, dear Mother, to accept all humiliations as Jesus did, and let us grow in the holy virtue of humility. Make us recognize we are but sinful children and that anything good in us belongs to God, the Author of life.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.



LEADER: THE FOURTH SORROWFUL MYSTERY **JESUS CARRIES HIS CROSS TO CALVARY**

O Sorrowful and Immaculate Heart of Mary, a sword of sorrow pierced your Heart as you saw your Son weighed down with the wood of the Cross and suffering terribly with each painful step. Oppressed and condemned, Jesus was led to Calvary while the crowds laughed and mocked Him as a foolish and crazy man.

Teach us, dear Mother, to be more patient in our daily life in imitating the suffering Christ more faithfully. Make us carry our daily crosses with patience and love and bring us into the intimacy of your Sorrowful and Immaculate Heart.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.

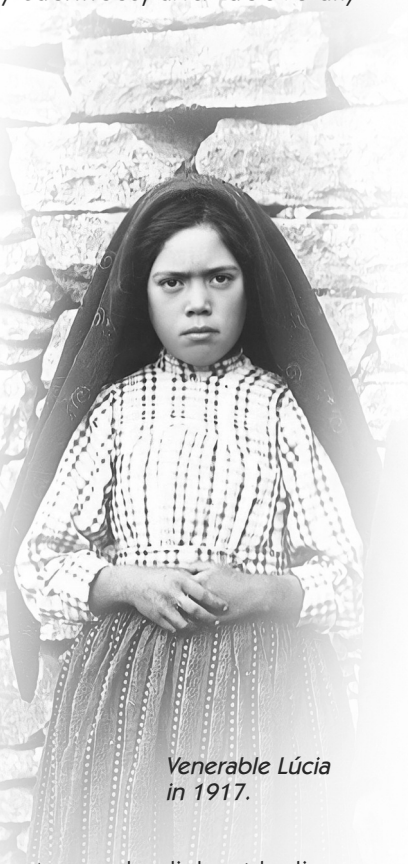
During the course of 1916 the Angel appeared to these children three times. The Angel taught them some prayers, gave them Holy Communion, and prepared them for the future visions of Our Lady. The Angel told the children to pray and to make daily sacrifices, and *“above all, accept and bear with submission, the suffering which the Lord”* would send them. The children were so enraptured by the supernatural that they told no one about these visions.

The following year, 1917, from May 13 to October 13, the Virgin Mary appeared six times to the children at Fatima. In the course of her appearances the Virgin Mary told the children that many disasters would embrace the entire world if people didn't stop offending her Son and if they ignored her message of peace.

After showing the children a vision of hell, the Virgin told them many souls will be saved if they turn to her Immaculate Heart and leave sin behind. Therefore, the Virgin Mary came to Fatima to give the world a peace plan from heaven. This plan is under the complete protection of the Immaculate Heart of Mary, who promises to lead all souls to Jesus.

From the very beginning of the visions, most people did not believe the children's story. As proof of the authenticity of the visions, the Virgin Mary performed a miracle with the sun, *“so that all may believe.”* The miracle of the sun marked the last appearance of the Virgin and people who once persecuted the children finally believed in them. The people believed, because the sun danced in the sky and came plunging down to earth, but stopped suddenly, and resumed its normal position in the sky.

Within the course of her visions, Our Lady made several requests. This booklet will outline those requests so that many more souls will follow the Fatima way, *a way of confidence and love.*



*Venerable Lúcia
in 1917.*

HOW TO LIVE FATIMA

WRITTEN AND NARRATED BY
SAM MICHAEL NARDONE

"the man you pray the Rosary with on CD and video"



*"Are you suffering a great deal? Don't lose heart.
I will never forsake you. My Immaculate Heart will be
your refuge and the way that will lead you to God."*

— WORDS OF OUR LADY, JUNE 13, 1917.

A BRIEF HISTORY OF FATIMA – 1916-1917

"Do not fear. I am the Angel of Peace. Pray with me." With these supernatural words the story of Fatima began. These words were spoken to three shepherd children in Portugal during 1916. The children's names are: **Lúcia dos Santos**, her cousin **Francisco Marto**, and his sister **Jacinta**.

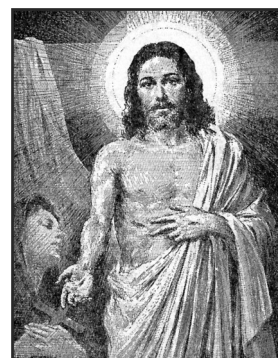


LEADER: THE FIFTH SORROWFUL MYSTERY **THE CRUCIFIXION**

O Sorrowful and Immaculate Heart of Mary, your Heart was pierced with the most painful sword of sorrow as you saw Jesus brutally nailed to the Cross where His body became one continuous stream of blood. From the Cross, Jesus gave you to us to be our spiritual Mother and you are always close to the children who call out your holy name in joy and in sorrow. After three long hours of pain, you watched Jesus die a death of redemptive love for the salvation of the world.

Teach us, dear Mother, to love one another as Jesus loves us, so that our love will be proof to the world that God is Infinite Love. Make us forgive our brothers from the heart so peace may reign in us and in the world.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.



LEADER: THE FIRST GLORIOUS MYSTERY **THE RESURRECTION OF JESUS**

O Immaculate Heart of Mary, three days after His death, Jesus rose from the dead all radiant with power and glory. You did not go to the tomb on Easter morning with the other women but waited faithfully for Jesus to rise as He said He would. What joy filled your Immaculate Heart when Jesus appeared to you in the silence of your home!

Teach us, dear Mother, to imitate your lively faith in the Risen Lord. Make us deepen our faith in your Son by living an authentic Christian life.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your Immaculate Conception.



**LEADER: THE SECOND GLORIOUS MYSTERY
THE ASCENSION OF JESUS INTO HEAVEN**

O Immaculate Heart of Mary, forty days after His glorious resurrection, Jesus ascended into heaven in the presence of you and His apostles. You then returned to Jerusalem and began to pray for the Christian Church, offering your prayers and sacrifices for its spiritual growth. In your Immaculate Heart, you treasured all the memories of your Son and hoped for the day when you would be united with Him forever.

Teach us, dear Mother, to imitate your hope as we follow your Son in this valley of tears. Make us long for the joys of heaven.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your perpetual virginity.

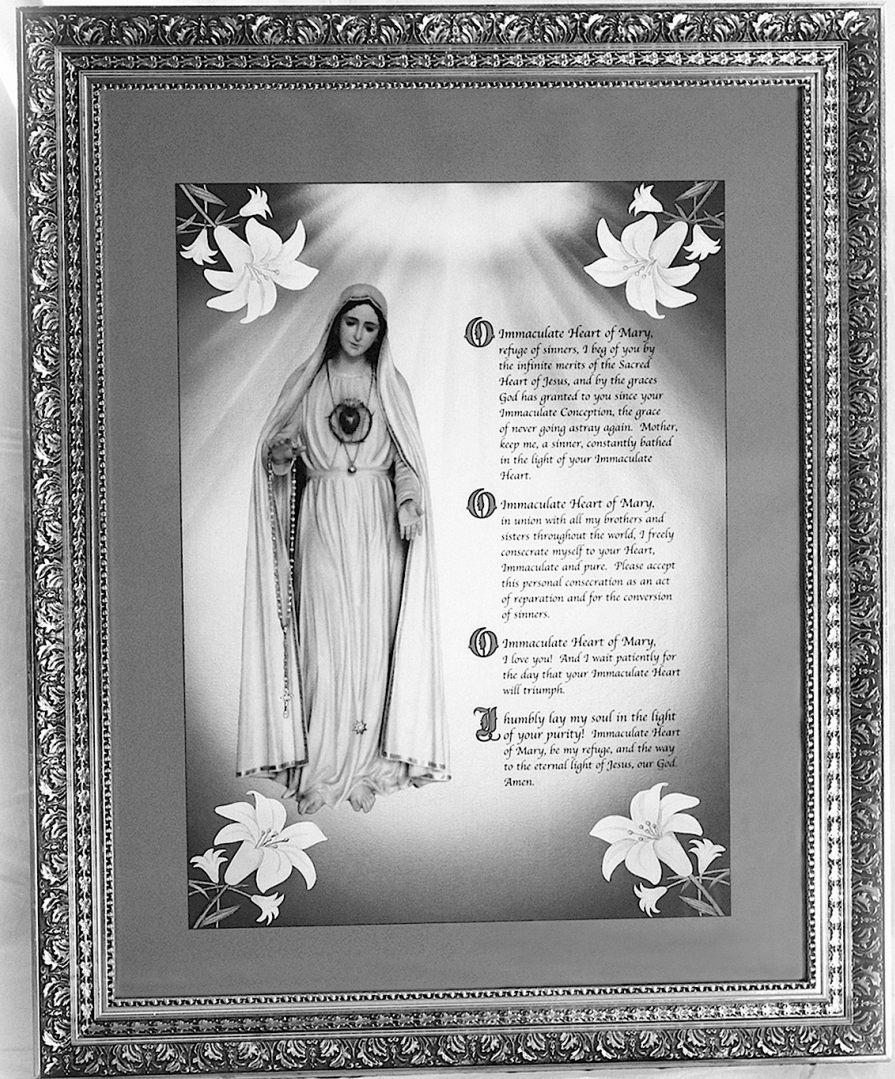


**LEADER: THE THIRD GLORIOUS MYSTERY
THE DESCENT OF THE HOLY SPIRIT**

O Immaculate Heart of Mary, ten days after the ascension of Jesus you were gathered in the upper room with the apostles when the Holy Spirit descended in the form of parted tongues, filling the hearts of the faithful with the truths of the Christian faith. You prayed unceasingly for the apostles as they preached the Good News of Jesus to men in all lands.

Teach us, dear Mother, to imitate the charity of the Holy Spirit, who unites and sanctifies all men who remain open to His inspiration. Make us love one another with ardent charity, so that unity and peace will change our troubled world.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins committed against your divine maternity and for those who refuse to accept you as Mother of all mankind.



Download your free poster of 'The Golden Prayer' at:

www.thegoldenprayer.org

Frame it for your Church or home.

Be an apostle of the Immaculate Heart of Mary!

The Golden Prayer

THE ACT OF CONSECRATION
TO THE IMMACULATE HEART OF MARY

AN EXPLANATION OF THE GOLDEN PRAYER'S SYMBOLISM

The **Three Lilies** in each corner signify purity. The largest lily represents the purity of the Virgin Mary. The two smaller lilies signify her children devoted to her Immaculate Heart. The **Streaming Rays of Light** signify the triumph of the Virgin Mary's Immaculate Heart in the world and at the hour of a consecrated soul's death. The **Golden Initial** of the prayer, when seen in color, signifies that when a soul practices its personal consecration, the prayer becomes as precious as gold in the eyes of the Virgin Mary. The **Golden Border** surrounding the image and prayer signifies the protection the Virgin Mary grants to her children devoted to her Immaculate Heart. The **Gold Line** surrounds spiritually all consecrated souls, making it impossible for the desires of worldly things and the forces of evil to lead them astray.

FOR THOSE WHO RECITE THIS PRAYER DAILY

The entire image and prayer reflect the Virgin Mary's purity, a virtue she wants all her children to practice. Since our Mother is the Queen of Purity, every offense committed against this virtue hurts her Heart in a cruel and painful way. Souls devoted to her Immaculate Heart should openly state that *only the pure of heart shall be close to God*. Consecrated souls, in union with all their brothers and sisters throughout the world, will endeavor to see Jesus present in everyone they meet. Their daily life will thus become a continuous act of love for God and neighbor. All consecrated souls must practice the following virtues so dear to our Mother's Immaculate Heart:

Purity – Chastity – Humility – Patience – Charity – Obedience

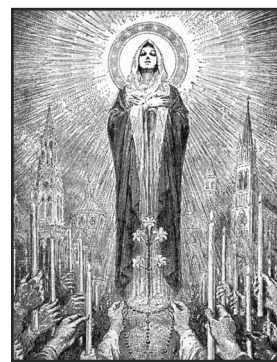


LEADER: THE FOURTH GLORIOUS MYSTERY THE ASSUMPTION OF MARY INTO HEAVEN

O Immaculate Heart of Mary, when your life on earth was completed, Jesus took you, body and soul, into the eternal kingdom of heaven. What joy filled your Immaculate Heart when you were re-united with your Divine Son who told us that, only the pure of heart shall be close to God.

Teach us, dear Mother, to imitate your purity of heart and to renounce everything that can spoil our baptismal robe. Make us pure and humble of heart so that we too can enjoy the eternal happiness of heaven forever!

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who try publicly to implant in children's hearts indifference, contempt and even hatred toward you.



LEADER: THE FIFTH GLORIOUS MYSTERY THE CORONATION OF MARY

O Immaculate Heart of Mary, in the eternal splendor of heaven Jesus crowned you with living light and gave you to us as our heavenly Queen and intercessor. You are our Queen and Mother forever, and your Immaculate Heart is our refuge that leads us to God.

Teach us, dear Mother, to have a burning love for your Immaculate Heart. Make us your slaves of love and let us imitate your holy virtues every day of our lives.

ALL: O Immaculate Heart of Mary, we offer you this decade in reparation for the sins of those who insult you directly in your sacred images.

CONCLUDING PRAYERS

LEADER: HAIL HOLY QUEEN –

ALL: Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

LEADER: LET US PRAY,

ALL: O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary, of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

LEADER: THE GOLDEN PRAYER – The Act of Consecration
to the Immaculate Heart of Mary – (see pages 18-19)

ALL: O IMMACULATE HEART OF MARY, refuge of sinners, I beg of you by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray again. Mother, keep me, a sinner, constantly bathed in the light of your Immaculate Heart.

O IMMACULATE HEART OF MARY, in union with all my brothers and sisters throughout the world, I freely consecrate myself to your Heart, Immaculate and pure. Please accept this personal consecration as an act of reparation and for the conversion of sinners.

O IMMACULATE HEART OF MARY, I love you! And I wait patiently for the day that your Immaculate Heart will triumph.

I HUMBLY LAY MY SOUL IN THE LIGHT OF YOUR PURITY! Immaculate Heart of Mary, be my refuge, and the way to the eternal light of Jesus, our God. Amen.

LEADER: In the name of the Father, and of the Son, and of the Holy Spirit.

ALL: Amen.

TO THOSE WHO MAKE THE FIRST SATURDAYS...



For those who want to defend the honor of the Blessed Virgin Mary the one to imitate and invoke is the glorious Patriarch Saint Joseph, the Virgin Father of Jesus.

He was chosen by God to protect Mary in her mission as Mother of God. Saint Joseph guarded Mary's perpetual virginity and knew that Mary was the ever-virgin Mother of God, untouched by any stain of original or actual sin. There was never a man who loved the Blessed Virgin as Saint Joseph did, who labored his

whole life long in the service of protecting Mary and her Son. Saint Joseph prayed with Mary, he protected her, he imitated her many virtues, he gave Mary the fruit of his labor; in a word, Saint Joseph loved Mary and would never permit anything imperfect in his union with her.

So let us invoke Saint Joseph every day that he may increase in our hearts our love for the Blessed and Immaculate Virgin Mary. Let us imitate Saint Joseph and do everything for the pleasure and glory of Jesus and Mary, to console their Hearts so wounded by the sins of the world.